



JoinedUpHealth – Counselling/Psychotherapy

New Patient Details Form

connect@joineduphealth.net

0117 442 0886

Thank you for taking time to provide this information.

Your personal details will be held securely and only used to help provide you with effective therapy

Name:

Address:

Contact phone number/s:

email:

GP Name and Surgery

Name and number of emergency contact:

If you are taking medications, please list them:

The most important ones for our purposes are:

betablockers, anti-depressants, sleeping tablets, antiepileptics and mood stabilisers

Have you been given a diagnosis for the problem you are coming about? If so what was it?

Have you been given a diagnosis of any mental or emotional health problem in the past?

Please list any other past illnesses, and current medical problems.

Are you at all hard-of-hearing? (If you wear an effective aid there is no need to mention this)

Are you allergic to anything? If so what?

JoinedUpHealth: Information for New Counselling/Psychotherapy Patients

Usually appointments are arranged by email, with my phone number provided for first contacts and in case of difficulty coming to appointments.

If you want to find out more about the Human Givens approach before we meet, please visit www.hgi.org.uk.

Charting your progress

Like many Human Givens therapists I use a system called Pragmatic Tracker. This allows you to provide information about how you have been feeling in the week before each appointment. We also use a (very quick!) questionnaire to let you provide feedback on your appointment afterwards.

HG therapists who use Pragmatic Tracker find it helps them provide a more effective service, and patients can find it very satisfying to see how things are improving.

You should receive the email linking to the questionnaires by 10pm 2 days before your appointment (unless you booked at shorter notice, when they will be sent as soon as possible).

Please check your spam and junk folders if you can't find them as expected.

Where and When?

I usually see patients for HG therapy on Tuesdays at Chilcompton Surgery, Carter's Way, BA3 4XH
Appointments last a **full hour**.

First appointment is at 09:00 (9am) and the last appointment is a 17:00 (5pm)

Other times can be arranged where these will fit in with my work as a GP and Educator.

Where needed, and appropriate, I occasionally provide appointments at our family home in Wells.

Disabled Access

Chilcompton is an unusually homely NHS General Practice, with a friendly Reception Team. However, access to the building was not designed for wheelchair users, and the Room I usually use is upstairs. If stairs are difficult for you please let me know and we can see if a downstairs room can be made available.

Parking is free. Please note that Carter's Way is busy at school drop off and pick up times.

Public Transport

Chilcompton is an unusually well-connected village, being on the regular 173 bus-route between Bath and Wells. There are bus-stops within ¼ of a mile of the surgery building.

Payment

The fee for an hour's appointment is £75.

As one of our key aims is to help you feel better in as few sessions as possible HG therapists do not offer "packages" of appointments, or payment by standing order, so payment is as we go along.

There are three options.

1) **Bank transfer** prior to attending

Joined Up Health Ltd Account - 75228726 Sort Code - 60-23-06

It is vital to include your name in the payment reference

2) **Cash**

3) **Cheque** made payable to "**JoinedUpHealth Ltd**"

An invoice is raised each time, mainly for the records, and a copy marked received can be provided on request.

If you cannot make the agreed time

Please let me know by **10:00 the day before** your appointment.

The best way to do this is to leave a message on 0117 442 0886, or an email.

If your email or voicemail are sent after this time, the appointment will be **charged at the full rate**. This is because it will be very unlikely that another patient could use the appointment at such short notice.